

Anti-Racism, Structural Racism, & Health Equity Resources and Readings
Implementation Science Initiative, Irving Institute CSTA, Columbia University 2020

General Anti-racism resources, readings, books, podcasts, films:

https://docs.google.com/document/d/1BRIF2_zhNe86SGqHa6-VIBO-QqirITwCTugSfKie5Fs/preview?pru=AAABctNHuzs*QFXM08xwCn8yLNOoqGZWkQ
https://docs.google.com/document/d/1a-lzdtxOIWuzYNGqwYwxMWADtZ6vJGCpKhtJHHrS54/preview?pru=AAABcpqr8Ek%2Ap6M6gU18U_IZD6tC6AkzQ&fbclid=IwAR1RxRfd7yrvv6nDrKqEartConvwiKMd60XoOA0ghKoBZiv7B5gVgVd82ko

Film series: Unnatural Causes- <https://unnaturalcauses.org/>

Anti-Racism Curricula in Public Health and Medicine

Hagopian A, West KM, Ornelas IJ, Hart AN, Hagedorn J, Spigner C. Adopting an Anti-racism public health curriculum competency: The University of Washington Experience. 2018. Public Health Reports; 133(4):507-513. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6055294/>

Fleming PJ. The Importance of Teaching History of Inequities in Public Health Programs. 2020; Pedagogy in Health Promotion. <https://journals.sagepub.com/doi/full/10.1177/2373379920915228>

Anti-Racism in Medicine Collection, AAMC: https://www.mededportal.org/anti-racism?utm_source=twitter&utm_medium=mededportal&utm_content=996a85ad-ef8a-413c-9bc8-0ac82a6250a5&

Ford CL & Jeffers Kia Skrine. Critical Race Theory's Anti-racism approaches: Moving from the Ivory Tower to the Front lines of public health. <https://ajph.aphapublications.org/doi/book/10.2105/9780875533049>

Hardeman R, Burgess D, Murphy K, Satin DJ, Nielsen J, Potter T, Karbeah J, Zulu-Gillespie M, Apolinario-Wilcoxon, Reif C, Cunningham B. Developing a medical school curriculum on racism: Multidisciplinary, Multiracial conversations informed by Public Health Critical Race Praxis (PHCRP). <https://www.ethndis.org/edonline/index.php/ethndis/article/view/930/1251> 2018; Ethnicity & Disease; 28 (Suppl 1):271-278

DallaPiazza M, PadillaRegister M, Dwarakanath M, Obamedo E, Hill J, Soto-Greene ML. Exploring racism and health: an intensive interactive session for medical students. MedEdPORTAL. 2018;14:10783. https://doi.org/10.15766/mep_2374-8265.10783

Toolkit from Association for Prevention Teaching & Research: Role of Academia in Combatting Structural Racism in the United States. Resources to assist health professions faculty address and seek to reduce the effects of systemic racism in our society through their professional work: as teachers, practitioners, researchers, members of a university community. Lead: Anthony Schlaff, Derrick Young <https://www.aptrweb.org/page/toolkitoverview>

RISE + AAMC Minority Development Program Curricula: Resource: Crucial Accountability: Tools for Resolving Violated Expectations, Broken Commitments, and Bad Behavior, 2012; Kerry Patterson, Joseph Grenny, Ron McMillan, Al Switzler, and David Maxfield

Crucial Conversations: Tools for Talking When Stakes Are High, 2012; Kerry Patterson, Joseph Grenny, Ron McMillan, and Al Switzler

“Good Is Not Enough: And Other Unwritten Rules For Minority Professionals”, 2008; Keith R. Wyche

Kotter eight-step change model to Recognize Unconscious Bias and Strategies To Mitigate It: Recognize unconscious bias and strategies to mitigate; Speaker: Kimberly Rattley

Anti-racist pedagogy at Columbia: <https://ctl.columbia.edu/resources-and-technology/resources/anti-racist-pedagogy/>

Core Readings on Racism and Health Equity in Public Health and Healthcare

Ford CL, Griffith DM, Bruce MA, Gilbert KL. *Racism: Science & Tools for the Public Health Professional*. Washington, DC: American Public Health Association; 2019.

Williams DR. Miles to go before we sleep: Racial inequities in health. *Journal of health and social behavior*. 2012;53(3):279-295.

Williams DR, Lawrence JA, Davis BA. Racism and health: evidence and needed research. *Annual review of public health*. 2019;40:105-125.

Brown AF, Ma GX, Miranda J, et al. Structural interventions to reduce and eliminate health disparities. *American journal of public health*. 2019;109(S1):S72-S78.

Came H, Griffith D. Tackling racism as a “wicked” public health problem: enabling allies in anti-racism praxis. *Social Science & Medicine*. 2018;199:181-188.

Bailey ZD, Krieger N, Agénor M, Graves J, Linos N, Bassett MT. Structural racism and health inequities in the USA: evidence and interventions. *The Lancet*. 2017;389(10077):1453-1463.

Gee GC, Ford CL. Structural racism and health inequities: old issues, new directions. *Du Bois review: social science research on race*. 2011;8(1):115-132.

Ford CL, Airhihenbuwa CO. The public health critical race methodology: praxis for antiracism research. *Social Science & Medicine*. 2010;71(8):1390-1398.

Hardeman RR, Medina EM, Kozhimannil KB. Dismantling structural racism, supporting Black lives and achieving health equity: Our role. *The New England journal of medicine*. 2016;375(22):2113.

Groos M, Wallace M, Hardeman R, Theall KP. Measuring inequity: a systematic review of methods used to quantify structural racism. *Journal of Health Disparities Research and Practice*. 2018;11(2):13.

Krieger N. From structural injustice to embodied harm: measuring racism, sexism, heterosexism, and gender binarism for health equity studies. *Annu Rev Public Health* 2020; 41:37-62. Freely available at: <https://www.annualreviews.org/doi/pdf/10.1146/annurev-publhealth-040119-094017>

Williams DR, Cooper LA. Reducing Racial Inequities in Health: Using What We Already Know to Take Action. *International journal of environmental research and public health*. 2019;16(4):606.

Yonas MA, Jones N, Eng E, et al. The art and science of integrating undoing racism with CBPR: challenges of pursuing NIH funding to investigate cancer care and racial equity. *Journal of Urban Health*. 2006;83(6):1004-1012.

Obermeyer Z, Powers B, Vogeli C, Mullainathan S. Dissecting racial bias in an algorithm used to manage the health of populations. *Science (New York, NY)*. 2019;366(6464):447-453.

Carnethon MR, Kershaw KN, Kandula NR. 2020. Disparities Research, Disparities Researchers and Health Equity. *JAMA* 2020; 323(3):211-212.

Edwards F, Lee H, Esposito M. Risk of being killed by police use of force in the United States by age, race-ethnicity and sex. *Proc Natl Acad Sci*; 2019; 116:16793-16798

Boyd RW. The case for desegregation. *Lancet* 2019;393:2484-2485.
Hardeman R, Medina E, Boyd R. 2020. *NEJM*. Stolen Breaths (Perspective)

Onyeador, I.N., Wittlin, N.M., Burke, S.E., Dovidio, J.F., Perry, S.P., Hardeman, R.R., Dyrbye, L.N., Herrin, J., Phelan, S.M., & van Ryn, M. (2019). The value of interracial contact for reducing anti Black racial bias among non Black physicians. A CHANGE study report. *Psychological Science*

Paradies Y. 2016. Colonisation, racism and indigenous health. *J Pop Research*:
https://www.researchgate.net/profile/Yin_Paradies/publication/295085749_Colonisation_racism_and_indigenous_health/links/5a175bdb0f7e9be37f9587d3/Colonisation-racism-and-indigenous-health.pdf

Carter RT, Johnson VE, Krikinis K, Roberson K, Muchow C, Galgay C. 2019. A Meta-Analytic review of racial discrimination: Relationships to Health and Culture; *Race and Social Problems*; 11, 15-32.

Spencer KL & Grace M. Social Foundations of Health Care Inequality and Treatment Bias; *Ann Rev of Sociology*; 42:101-120. 2016.

Claude Steele: *Whistling Vivaldi: How Stereotypes Affect Us and What We Can Do*,
<https://claudesteele.com/book/>

Cogburn CD. 2019. Culture, Race and Health: Implications for Racial Inequities and Population Health. *Millbank Quartely*. <https://doi.org/10.1111/1468-0009.12411>

Compton MT & Shim. The Social Determinants of Mental Health. *FOCUS* 2015 13:4, 419-425
<https://focus.psychiatryonline.org/doi/10.1176/appi.focus.20150017>

Thompson HS, Valdimarsdottir HB, Winkel G, Jandorf L, Redd W. The Group-Based Medical Mistrust Scale: psychometric properties and association with breast cancer screening. *Prev Med*. 2004;38(2):209-218. doi:10.1016/j.ypmed.2003.09.041

Thornton RLJ, Glover CM, Cene CW, Glik DC, Henderson, Williams DR. Evaluating Strategies For Reducing Health Disparities By Addressing The Social Determinants Of Health. *Health Affairs* 2016 35:8, 1416-1423

<https://www.healthaffairs.org/doi/full/10.1377/hlthaff.2015.1357>

Artiga, S., & Hinton, E. (2019). Beyond health care: the role of social determinants in promoting health and health equity. *Health*, 20(10), 1-13.

<http://www.ccapcomcare.org/Newsletters/2018-05%20INSIGHT%20KFF%20Brief.pdf>

Samari G, Alcala HE, Sharif MZ. 2018. Islamophobia, Health and Public Health: A Systematic Literature Review. *AJPH*; 108(6):e1-e9.

South EC, Butler PD, Merchant RM. 2020. Towards an equitable society: building a culture of antiracism in health care. *J Clin Invest*. 2020;130(10):5039-5041.

<https://doi.org/10.1172/JCI141675>.

Chaudhary VB & Berhe AA. 2020. PLoS Comput Biol. Ten simple rules for building an antiracist lab. *PLoS Comput Biol*. 2020 Oct; 16(10): e1008210. [10.1371/journal.pcbi.1008210](https://doi.org/10.1371/journal.pcbi.1008210)

Boyd RW, Lindo EG, Weeks LD, McLemore MR. 2020. Health Affairs. On Racism: A New Standard for Publishing on Racial Health Inequities.

<https://www.healthaffairs.org/doi/10.1377/hblog20200630.939347/full/>

Griffith DM, Bergner EM, Fair AS, Wilkins CH. 2020. Using Mistrust, Distrust and Low Trust Precisely in Medical Care and Medical Research Advances Health Equity; *AJPM*.

Churchwell K et al (Presidential Advisory From The American Health Association). A Call to Action: Structural Racism as a Fundamental Driver of Health Disparities:

<https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000936>

Jones CP. 2001. Invited Commentary: "Race", Racism, and the Practice of Epidemiology. *American Journal of Epidemiology*, Volume 154, Issue 4, 15 August 2001, Pages 299–304, <https://doi.org/10.1093/aje/154.4.299>

Kegler MC, Wolff T, Christens BD, Butterfoss FD, Francisco VT, Orleans. 2019. Strengthening our collaborative approaches for Advancing equity and justice; Special Issue: Health Education & Behavior: https://journals.sagepub.com/toc/hebc/46/1_suppl

Griffith DM, Shelton RC, Kegler M. 2018. Advancing the Science of Qualitative Research to Promote Health Equity. Special Issue: Health Education & Behavior:

<https://journals.sagepub.com/toc/hebc/44/5>

<https://www.hsph.harvard.edu/news/racism-is-a-public-health-crisis/> (collection of articles by Harvard School of Public Health)

<https://michelleko.faculty.ucdavis.edu/2020/06/24/racism-in-medical-education/> (collection of articles on racism in medical education)

Implementation Science and Health Equity

McNulty M, Smith J, Villamar J, et al. Implementation research methodologies for achieving scientific equity and health equity. *Ethnicity & disease*. 2019;29(Suppl 1):83-92.

Chinman M, Woodward EN, Curran GM, Hausmann LR. Harnessing Implementation Science to Increase the Impact of Health Disparity Research. *Medical care*. 2017;55(Suppl 9 2):S16.

Woodward EN, Matthieu MM, Uchendu US, Rogal S, Kirchner JE. The health equity implementation framework: proposal and preliminary study of hepatitis C virus treatment. *Implement Sci*. 2019;14(1):26.

Baumann AA & Cabassa LJ. 2020. Reframing implementation science to address inequities in healthcare delivery. *BMC Health Serv Res*; 20(1):190.

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Escoffery C, Lebow-Skelley E, Haardoerfer R, Boing E, Udelson H, Wood R, Hartman M, Fernandez ME, Mullen PD. A systematic review of adaptations of evidence-based public health interventions globally. *Implementation Science* 13.1 (2018): 125.

Nápoles AM, Stewart AL. Transcreation: an implementation science framework for community-engaged behavioral interventions to reduce health disparities. *BMC health services research*. 2018;18(1):710.

Shelton, R.C., Chambers D., Glasgow R. (2020). An Extension of RE-AIM to Enhance Sustainment: Addressing dynamic context and promoting health equity over time. 8:134; *Frontiers Pub Health*.

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Cabassa LJ & Baumann AA. A two-way street: bridging implementation science and cultural adaptations of mental health treatments. *Implement Sci*. 2013; 8: 90. Published online 2013 Aug 19. doi: 10.1186/1748-5908-8-90

Yousefi-Nooraie, Kwan, Cohn, Young, Adsul, Shelton RC. Advancing Health Equity through CTSA: The Intersection of Engagement, Implementation Science, and Translational Science. 2020, p. 1-30, *J Clin Translational Sciences*.

Etherington N, Rodrigues IB, Giangregorio L, Graham ID, Hoens AM, Kasperavicius D, Kelly C, Moore J, et al *BMC Med Res Methodol*. 2020; 20: 169. [10.1186/s12874-020-01056-1](https://doi.org/10.1186/s12874-020-01056-1). Applying an intersectionality lens to the theoretical domains framework: a tool for thinking about how intersecting social identities and structures of power influence behaviour

Yancey A, Glenn BA, Ford CL, Bell-Lewis L. Dissemination and implementation research among racial/ethnic minority and other vulnerable populations. In: *Dissemination and Implementation Research in Health: Translating Science into Practice*. 2nd ed. New York: Oxford University Press; 2018. p. 449–70.

Karla I. Galaviz, Jessica Y. Breland, Mechelle Sanders, Khadijah Breathett, Alison Cerezo, Oscar Gil, John M. Hollier, Cassondra Marshall, J. Deanna Wilson, and Utibe R. Essien. Implementation Science To Address Health Disparities During the Coronavirus Pandemic. <https://doi.org/10.1089/heq.2020.0044>. Health Equity Vol. 4, No. 1

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Shelton RC, Adsul P, Oh A. Recommendations for Addressing Structural Racism in Implementation Science: A Call to the Field. *In Press, Ethnicity & Disease. Special Issue on Structural Racism and Health.*

Cacari-Stone L, Wallerstein N, Garcia AP, Minkler M. The Promise of Community-Based Participatory Research for Health Equity: A Conceptual Model for Bridging Evidence With Policy. Am J Public Health. 2014 September; 104(9): 1615–1623.

Baumann AA, Powell BJ, Kohl PL, Tabak RG, Penalba V, Proctor E, Domenech-Rodriguez M, Cabassa LJ. 2015. Cultural Adaptation and Implementation of Evidence-Based Parent-Training: A Systematic Review and Critique of Guiding Evidence. *Child Youth Serv Rev*. 2015 Jun 1; 53: 113–120. doi: [10.1016/j.chilcyouth.2015.03.025](https://doi.org/10.1016/j.chilcyouth.2015.03.025)

Racial Inequities and Justice in COVID-19

Kim SJ & Bostwick W. 2020. Social vulnerability and racial inequality in COVID-19 Deaths in Chicago. *Health Ed & Behavior*.

Schulz AJ, Mehdipanah R, Chatters LM, Reyes A, Neblett EW, Israel BA. 2020. Moving Health Education and Behavior Upstream: Lessons from COVID-19 for Addressing Structural Drivers of Health Inequities. *Health Ed & Behavior*.

Henry BF. 2020. Social Distancing and Incarceration: Policy and Management Strategies to reduce COVID-19 Transmission and Promote Health Equity through Decarceration. *Health Ed & Behavior*.

Ramaswamy M, Hemberg J, Faust A, Wickliffe J, Comfort M, Lorvick J, Cropsey K. 2020. Criminal Justice-Involved Women navigated COVID-19: Notes from the Field. *Health Ed & Behavior*.

Pirtle WL, Racial Capitalism: A Fundamental Cause of Novel Coronavirus (COVID-19) Pandemic Inequities in the United States. *Heath Education & Behavior*.

Gross CP, Essien UR, Pasha S, Gross JR, Wang S, Nunez-Smith M. 2020. Racial and Ethnic Disparities in Population Level Covid-19 Mortality
<https://www.medrxiv.org/content/10.1101/2020.05.07.20094250v1>

Chowkwanyum M & Reed AL. 2020. Racial Health Disparities and Covid-19- Caution and Context, *NEJM*.

Williams DR & Cooper LA. COVID-19 and Health Equity- A New Kind of 'Herd Immunity'. 2020, JAMA Editorial

Dowling MK, Kelly RL. Policy Solutions for Reversing the Color-blind public health response to COVID-19 in the US. 2020. JAMA.

Michener M, Aguilar-Gaxiola S, Alberti P, Castaneda MJ, Castrucci BC, Harrison LM, Hughes L, Richmond A, Wallerstein N. Engaging with Communities: Lessons (Re)Learned From COVID-19. Prev Chronic Dis. 2020; 17: E65. Published online 2020 Jul 16. doi: 10.5888/pcd17.200250

Krieger N. ENOUGH: COVID-19, structural racism, police brutality, plutocracy, climate change – and time for health justice, democratic governance, & an equitable sustainable future. Am J Public Health 2020; 110(11):1620-1623 (on-line advance access: August 20, 2020; published on-line: October 15, 2020). <https://ajph.aphapublications.org/doi/10.2105/AJPH.2020.305886>

Krishnan L, Ogunwole M, Cooper LA. 2020. Historical Insights on Coronavirus Disease 2019 (COVID-19), the 1918 Influenza Pandemic, and Racial Disparities: Illuminating a Path Forward, Annals of Internal Medicine, <https://doi.org/10.7326/M20-2223>

Rollston R & Galea S. 2020. COVID-19 and the Social Determinants of Health. American Journal of Health Promotion. <https://journals.sagepub.com/doi/10.1177/0890117120930536b>

Warren RC, Forrow L, Hodge DA, Truog RD. Trustworthiness before Trust- COVID-19 Vaccine Trials and the Black Community. Perspective NEJM-
https://www.nejm.org/doi/full/10.1056/NEJMp2030033?query=featured_home

Morse M, Finnegan A, Wispelwey B, Ford. "Will COVID-19 Pave The Way For Progressive Social Policies? Insights From Critical Race Theory, " Health Affairs Blog, July 2, 2020. DOI: 10.1377/hblog20200630.184036

Ford CL. 2020. Commentary: Addressing Inequities in the Era of COVID-19: The Pandemic and the Urgent Need for Critical Race Theory. Jul/Sep 2020;43(3):184-186. Fam Comm Health. doi: 10.1097/FCH.0000000000000266.

Anti-Racism Resources, Books, and Scholarly Articles in Education (K-12) and Psychology

- Social Justice Standards: The Teaching Tolerance Anti-Bias Framework (Teaching Tolerance)

Stop the Madness: Purging the Preschool to Prison Pipeline (National Black Child Development Institute)

- National Association of School Psychologist (NASP): Social Justice Resources

American Psychological Association's Race and Ethnicity Guidelines.
<https://www.apa.org/about/policy/summary-guidelines-race-ethnicity> and
<https://www.apa.org/about/policy/guidelines-race-ethnicity.pdf>

There Is No Apolitical Classroom: Resources for Teaching in These Times (National Council of Teachers of English)

BLACK LIVES MATTER AT SCHOOL: FROM THE WEEK OF ACTION TO YEAR-ROUND ANTI-RACIST PEDAGOGY AND PROTEST (Rethinking Schools)

Psychology of Radical Healing Syllabus

Addressing Race and Trauma in the Classroom: A Resource for Educators: This National Child Traumatic Stress Network resource helps educators understand how they might address the interplay of race and trauma and its effects on students in the classroom. The guide outlines recommendations for educators and offers a list of supplemental resources. It should be implemented in accordance with individual school policies and procedures.

Creating the Space to Talk About Race in Your School: The National Education Association's social justice resources developed a resource guide to create spaces to talk about race in classrooms.

Racism and Violence: How to Help Kids Handle the News: From the Child Mind Institute, this guide steps those who interact with children through how to validate feelings, talk about race and racism, work through tough questions, and more.

Talking to Kids About Racism and Justice: A List for Parents, Caregiver, & Educators: The Oakland Library developed a curated list of books, articles, videos, websites, and more, broken down by age range to assist adults in discussions of racism and justice with children.

Books:

"Why are all the Black kids sitting together in the cafeteria? And other conversations about race (Tatum, 2017)

"White Kids: Growing up with Privilege in a Racial Divided America." (Hagerman, 2018)
Ishimaru, A. M. (2020). *Just schools: Building equitable collaborations with families and communities*. New York, NY: Teachers College Press
Gullo, K. Capatosto, & C. Staats. *Implicit bias in schools: A practitioner's guide*. New York: Routledge.

Courageous Conversations About Race: A Field Guide for Achieving Equity in Schools (Singleton & Linton, 2014)

Articles:

Blake, Jamilia J., Scott Graves, Markeda Newell, and Shane R. Jimerson. "Diversification of school psychology: Developing an evidence base from current research and practice." *School Psychology Quarterly* 31, no. 3 (2016): 305.

Hill, N. E., Jeffries, J. R., & Murray, K. P. (2017). New tools for old problems: Inequality and educational opportunity for ethnic minority youth and parents. *The ANNALS of the American Academy of Political and Social Science*, 674, 113–133.

Kohli, R., Pizarro, M., & Nevárez, A. (2017). The "new racism" of K-12 schools: Centering critical research on racism. *Review of Research in Education*, 41, 182–202.

Torres, Driscoll, & Burrow (2010). Racial microaggressions and psychological functioning among highly achieving African-Americans: A mixed-methods approach. *Journal of Social and Clinical Psychology, 29* (10), 1074-1099.

Utsey, Giesbrecht, Hook, & Stanard (2008). Cultural, Socialfamilial, and Psychological Resources that inhibit psychological distress in African Americans exposed to stressful life events and race-related stress. *Journal of Counseling Psychology, 55*(1), 49-62.

Utt, J. & Tochluk, S. (2016). White teacher, know thyself: Improving anti-racist praxis through racial identity development. *Urban Education, 55*(1), 125-152. doi: 10.1177/0042085916648741