

## [Implementation Science Initiative/Columbia CTSA](#)

### Readings/Resources/Curricula on Anti-Racism & Health Equity

Updated September 2021

#### **General Anti-Racism Resources, Readings, Books, Podcasts, Films**

Alexander, V. (n.d.) Anti-racist guide. <https://www.antiracistguide.org/the-guide>

Flicker, S. S., & Klein, A. (2020). Anti-racism resources.  
[https://docs.google.com/document/d/1BRIF2\\_zhNe86SGgHa6-VIBO-QgirlTwCTugSfKie5Fs/preview?pru=AAABctNHuzs\\*QFXM08xwCn8yLNOoqGZWkQ](https://docs.google.com/document/d/1BRIF2_zhNe86SGgHa6-VIBO-QgirlTwCTugSfKie5Fs/preview?pru=AAABctNHuzs*QFXM08xwCn8yLNOoqGZWkQ)

National Association of County and City Health Officials. (2008). Unnatural causes [Film series]. California Newsreel with Vital Pictures, Inc. <https://unnaturalcauses.org/>

#### **Anti-Racism Curricula in Public Health and Medicine**

Association of American Medical Colleges. (2021). Anti-racism in medicine collection. Retrieved September 14, 2021, from [https://www.mededportal.org/anti-racism?utm\\_source=twitter&utm\\_medium=mededportal&utm\\_content=996a85ad-ef8a-413c-9bc8-0ac82a6250a5&](https://www.mededportal.org/anti-racism?utm_source=twitter&utm_medium=mededportal&utm_content=996a85ad-ef8a-413c-9bc8-0ac82a6250a5&)

DallaPiazza, M., Padilla-Register, M., Dwarakanath, M., Obamedo, E., Hill, J., & Soto-Greene, M. L. (2018). Exploring racism and health: An intensive interactive session for medical students. *MedEdPORTAL: The Journal of Teaching and Learning Resources*, 14, 10783. [https://doi-org.ezproxy.cul.columbia.edu/10.15766/mep\\_2374-8265.10783](https://doi-org.ezproxy.cul.columbia.edu/10.15766/mep_2374-8265.10783)

Fleming, P. J. (2020). The importance of teaching history of inequities in public health programs. *Pedagogy in Health Promotion*, 6(4), 253-256. <https://doi.org/10.1177/2373379920915228>

Ford, C. L., & Jeffers, K. S. (2019). Critical Race Theory's anti-racism approaches: Moving from the ivory tower to the front lines of public health. In C. L. Ford, D. M. Griffith, M. A. Bruce, & K. L. Gilbert (Eds.), *Racism: Science and tools for the public health professional*. American Public Health Association Press. <https://doi.org/10.2105/9780875533049ch16>

Hagopian, A., West, K. M., Ornelas, I. J., Hart, A. N., Hagedorn, J., & Spigner, C. (2018). Adopting an anti-racism public health curriculum competency: The University of Washington experience. *Public Health Reports*, 133(4), 507–513. <https://doi-org.ezproxy.cul.columbia.edu/10.1177/0033354918774791>

Hardeman, R. R., Burgess, D., Murphy, K., Satin, D. J., Nielsen, J., Potter, T. M., Karbeah, J., Zulu-Gillespie, M., Apolinario-Wilcoxon, A., Reif, C., & Cunningham, B. A. (2018). Developing a medical school curriculum on racism: Multidisciplinary, multiracial conversations informed by Public Health Critical Race Praxis (PHCRP). *Ethnicity and Disease*, 28(Suppl 1), 271–278. <https://doi-org.ezproxy.cul.columbia.edu/10.18865/ed.28.S1.271>

Schlaff, A., & Young, D. (2021). Anti-racism resource library: Resources to assist health professions faculty address and seek to reduce the effects of systemic racism in our society through their professional work as teachers, practitioners, researchers, members of a university community. *Association for Prevention Teaching & Research*. Retrieved September 14, 2021, from <https://www.aptrweb.org/page/Anti-RacismResourceLibrary>

### **Core Readings on Racism, Social Determinants, and Health**

Agénor, M., Perkins, C., Stamoulis, C., Hall, R. D., Samnaliev, M., Berland, S., & Bryn Austin, S. (2021). Developing a database of structural racism-related state laws for health equity research and practice in the United States. *Public Health Reports*, *0*(0), 1-13. <https://doi.org/10.1177/0033354920984168>

Bailey, Z. D., Feldman, J. M., & Bassett, M. T. (2020). How structural racism works — Racist policies as a root cause of U.S. racial health inequities. *New England Journal of Medicine*, *384*(8), 768-773. <https://doi.org/10.1056/nejmms2025396>

Bailey, Z. D., Krieger, N., Agénor, M., Graves, J., Linos, N., & Bassett, M. T. (2017). Structural racism and health inequities in the USA: Evidence and interventions. *Lancet*, *389*(10077), 1453–1463. [https://doi-org.ezproxy.cul.columbia.edu/10.1016/S0140-6736\(17\)30569-X](https://doi-org.ezproxy.cul.columbia.edu/10.1016/S0140-6736(17)30569-X)

Boyd R. W. (2019). The case for desegregation. *Lancet*, *393*(10190), 2484–2485. [https://doi-org.ezproxy.cul.columbia.edu/10.1016/S0140-6736\(19\)31353-4](https://doi-org.ezproxy.cul.columbia.edu/10.1016/S0140-6736(19)31353-4)

Brown, A. F., Ma, G. X., Miranda, J., Eng, E., Castille, D., Brockie, T., Jones, P., Airhihenbuwa, C. O., Farhat, T., Zhu, L., & Trinh-Shevrin, C. (2019). Structural interventions to reduce and eliminate health disparities. *American Journal of Public Health*, *109*(S1), S72–S78. <https://doi-org.ezproxy.cul.columbia.edu/10.2105/AJPH.2018.304844>

Came, H., & Griffith, D. (2018). Tackling racism as a "wicked" public health problem: Enabling allies in anti-racism praxis. *Social Science & Medicine*, *199*, 181–188. <https://doi-org.ezproxy.cul.columbia.edu/10.1016/j.socscimed.2017.03.028>

Carnethon, M. R., Kershaw, K. N., & Kandula, N. R. (2020). Disparities research, disparities researchers, and health equity. *JAMA*, *323*(3), 211–212. <https://doi-org.ezproxy.cul.columbia.edu/10.1001/jama.2019.19329>

Carter, R. T., Johnson, V. E., Kirkinis, K., Roberson, K., Muchow, C., & Galgay, C. (2018). A meta-analytic review of racial discrimination: Relationships to health and culture. *Race and Social Problems*, *11*(1), 15-32. <https://doi.org/10.1007/s12552-018-9256-y>

Cenat, J. M. (2020). How to provide anti-racist mental health care. *Lancet Psychiatry*, *7*(11), 929-931. [https://doi.org/10.1016/S2215-0366\(20\)30309-6](https://doi.org/10.1016/S2215-0366(20)30309-6)

Cogburn, C. D. (2019). Culture, race, and health: Implications for racial inequities and population health. *The Milbank Quarterly*, *97*(3), 736–761. <https://doi-org.ezproxy.cul.columbia.edu/10.1111/1468-0009.12411>

Compton, M. T., & Shim, R. S. (2015). The social determinants of mental health. *Focus: The Journal of Lifelong Learning in Psychiatry*, 13(4), 419-425  
<https://focus.psychiatryonline.org/doi/10.1176/appi.focus.20150017>

Ford, C. L., & Airhihenbuwa, C. O. (2018). Commentary: Just what is Critical Race Theory and what's it doing in a progressive field like public health? *Ethnicity and Disease*, 28(Suppl 1), 223-230. <https://doi.org/10.18865/ed.28.S1.223>

Ford, C. L., & Airhihenbuwa, C. O. (2010). The public health critical race methodology: Praxis for antiracism research. *Social Science & Medicine*, 71(8), 1390–1398. <https://doi-org.ezproxy.cul.columbia.edu/10.1016/j.socscimed.2010.07.030>

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Gee, G. C., & Ford, C. L. (2011). Structural racism and health inequities: Old issues, new directions. *Du Bois Review: Social Science Research on Race*, 8(1), 115–132. <https://doi-org.ezproxy.cul.columbia.edu/10.1017/S1742058X11000130>

Griffith, D. M., Bergner, E. M., Fair, A. S., & Wilkins, C. H. (2020). Using mistrust, distrust, and low trust precisely in medical care and medical research advances health equity. *American Journal of Preventive Medicine*, 60(3), 442-445. <https://doi.org/10.1016/j.amepre.2020.08.019>

Griffith, D. M., Mason, M., Yonas, M., Eng, E., Jeffries, V., Plihcik, S., & Parks, B. (2007). Dismantling institutional racism: Theory and action. *American Journal of Community Psychology*, 39(3-4), 381-392. <https://doi.org/10.1007/s10464-007-9117-0>

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Harvard T.H. Chan School of Public Health. (2021). Racism is a public health crisis [Collection of articles]. Retrieved September 14, 2021, from <https://www.hsph.harvard.edu/news/racism-is-a-public-health-crisis/>

Ko, M. (2021). Racism in medical education [Collection of articles]. Retrieved September 14, 2021, from <https://michelleko.faculty.ucdavis.edu/2020/06/24/racism-in-medical-education/>

Obermeyer, Z., Powers, B., Vogeli, C., & Mullainathan, S. (2019). Dissecting racial bias in an algorithm used to manage the health of populations. *Science*, 366(6464), 447–453. <https://doi-org.ezproxy.cul.columbia.edu/10.1126/science.aax2342>

Onyeador, I. N., Wittlin, N. M., Burke, S. E., Dovidio, J. F., Perry, S. P., Hardeman, R. R., Dyrbye, L. N., Herrin, J., Phelan, S. M., & van Ryn, M. (2020). The value of interracial contact

for reducing anti-Black bias among non-Black physicians: A Cognitive Habits and Growth Evaluation (CHANGE) Study report. *Psychological Science*, 31(1), 18–30. <https://doi-org.ezproxy.cul.columbia.edu/10.1177/0956797619879139>

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Reskin, B. (2012). The race discrimination system. *Annual Review of Sociology*, 38(1), 17-35. <https://doi.org/10.1146/annurev-soc-071811-145508>

Samari, G., Alcalá, H. E., & Sharif, M. Z. (2018). Islamophobia, health, and public health: A systematic literature review. *American Journal of Public Health*, 108(6), e1–e9. <https://doi-org.ezproxy.cul.columbia.edu/10.2105/AJPH.2018.304402>

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Steele, C. M. (2010). *Whistling Vivaldi: How stereotypes affect us and what we can do*. W. W. Norton & Company. <https://claudesteele.com/book/>

Thornton, R. L., Glover, C. M., Cené, C. W., Glik, D. C., Henderson, J. A., & Williams, D. R. (2016). Evaluating strategies for reducing health disparities by addressing the social determinants of health. *Health Affairs*, 35(8), 1416–1423. <https://doi-org.ezproxy.cul.columbia.edu/10.1377/hlthaff.2015.1357>

Williams, D. R., & Cooper, L. A. (2019). Reducing racial inequities in health: Using what we already know to take action. *International Journal of Environmental Research and Public Health*, 16(4), 606. <https://doi-org.ezproxy.cul.columbia.edu/10.3390/ijerph16040606>

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## **Measuring Structural Racism**

Adkins-Jackson, P. B., Legha, R. K., & Jones, K. A. (2021). How to measure racism in academic health centers. *AMA Journal of Ethics*, 23(2), E140-145. <https://doi.org/10.1001/amajethics.2021.140>

Cross RI, Ford CL, Griffith DM, Bruce MA, Gilbert KL. Appendix B: Selected Measures of Racism. In: *Racism: Science & Tools for the Public Health Professional*. Washington, DC: American Public Health Association; 2019. Last accessed January 4, 2021 from <https://doi.org/10.2105/9780875533049appB>

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### **Addressing Equity, Structural Racism, and Anti-racism in Institutions and Disciplines**

Airhihenbuwa, C. O., Iwelunmor, J. I., Ford, C. L., Griffith, D., Bruce, M. A., & Gilbert, K. L. (2019). A call for leadership in tackling systemic and structural racism in the academy. In C. L. Ford, D. M. Griffith, M. A. Bruce, & K. L. Gilbert (Eds.), *Racism: Science and tools for the public health professional*. American Public Health Association Press. <https://doi.org/https://doi.org/10.2105/9780875533049ch04>

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### ***Racial and Ethnic Inequities in COVID-19***

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Dowling, M. K., & Kelly, R. L. (2020). Policy solutions for reversing the color-blind public health response to COVID-19 in the US. *JAMA*, 324(3), 229–230. <https://doi-org.ezproxy.cul.columbia.edu/10.1001/jama.2020.10531>

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### **Implementation Science and Health Equity**

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## **Anti-Racism Resources, Books, and Scholarly Articles in Education (K-12) and Psychology**

### Resources:

Addressing Race and Trauma in the Classroom: A Resource for Educators: This National Child Traumatic Stress Network resource helps educators understand how they might address the interplay of race and trauma and its effects on students in the classroom. The guide outlines recommendations for educators and offers a list of supplemental resources. It should be implemented in accordance with individual school policies and procedures.

American Psychological Association's Race and Ethnicity Guidelines.  
<https://www.apa.org/about/policy/summary-guidelines-race-ethnicity> and  
<https://www.apa.org/about/policy/guidelines-race-ethnicity.pdf>

Black Lives Matter at School: From the Week of Action to Year-Round Anti-Racist Pedagogy and Protest (Rethinking Schools)

Creating the Space to Talk About Race in Your School: The National Education Association's social justice resources developed a resource guide to create spaces to talk about race in classrooms.

National Association of School Psychologist (NASP): Social Justice Resources

Psychology of Radical Healing Syllabus

Racism and Violence: How to Help Kids Handle the News: From the Child Mind Institute, this guide steps those who interact with children through how to validate feelings, talk about race and racism, work through tough questions, and more.

Social Justice Standards: The Teaching Tolerance Anti-Bias Framework (Teaching Tolerance)

Stop the Madness: Purging the Preschool to Prison Pipeline (National Black Child Development Institute)

Talking to Kids About Racism and Justice: A List for Parents, Caregiver, & Educators: The Oakland Library developed a curated list of books, articles, videos, websites, and more, broken down by age range to assist adults in discussions of racism and justice with children.

There Is No Apolitical Classroom: Resources for Teaching in These Times (National Council of Teachers of English)

### Books:

Gullo, G., L., Capatosto, K., C., & Staats, C. (2018). *Implicit bias in schools: A practitioner's guide*. Routledge.

Hagerman, M. A. (2018). *White kids: Growing up with privilege in a racially divided America*. NYU Press.

Ishimaru, A. M. (2020). *Just schools: Building equitable collaborations with families and communities*. Teachers College Press.

Singleton, G. E. (2014). *Courageous conversations about race: A field guide for achieving equity in schools* (2nd ed.). Corwin.

Tatum, B. D. (2017). *Why are all the Black kids sitting together in the cafeteria? And other conversations about race* (Revised ed.). Basic Books.

### Articles:

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